

# ABOUT

*Hello*

Welcome to Sunshine Lane, your go-to destination for all things self-care and positivity.

I, Emma, founded Sunshine Lane in 2019. It all started with my personal journey through chronic illness and being diagnosed as Autistic at age 30, all of which opened my eyes to the true importance of self-care. I realised that self-care isn't a luxury as it is often presented; it's an absolute necessity for a happy and healthy life. And I was inspired to bring this message to people's everyday lives.



At Sunshine Lane you'll find stationery and gifts that have been thoughtfully designed with care and intention from my home studio in England. I strive to combine fun designs with practical functionality to create items that serve as gentle reminders to prioritise self-care and embrace the little moments of joy in each day.

I'm inviting you to explore the inspiring appeal of our products. Let's join together and help to inspire self-care in others, spreading positivity with every beautiful item we share.

Take care,

*Emma*