



## Advent candles

Count your way to Christmas

twenty-four twenty minute beeswax  
candles with a ceramic holder.  
Light one a day, relax and calm your  
mind in the festive season

## The Gift of Time

Take twenty precious minutes,  
your relaxation and well-being.

Light a candle, enjoy its warm glow  
and let the mesmerising flame  
restore your inner calm.